

DISHA CONNECT

Monthly Newsletter

Volume-4

Issue-6

Jaipur

June 2026

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INSPECTION BY RCI



On 4 June, an online inspection was conducted by the RCI for the B.Ed. Special Education (IDD) course at Disha. The inspection was completed successfully as part of the RCI recognition and compliance process.

RETIREMENT PARTY OF MS. MOLLY JACOB



On 5 June, a retirement celebration was held at Disha in honor of Ms. Molly Jacob, who dedicated 31 years of exemplary service as the Front Desk Manager. Her unwavering commitment, professionalism, and warm presence have left a lasting impact on the Disha family. The farewell was a beautiful blend of gratitude, joy, and emotion, as colleagues came together to celebrate her remarkable journey while bidding her a fond farewell.

CELEBRATING WORLD ENVIRONMENT DAY



On 5 June, World Environment Day was celebrated at Disha. Students connected with nature in the garden by watering and planting saplings, and they enjoyed playing in the green surroundings.

VISIT BY TRANSCOM MEMBERS



On 11 June, members of TRANSCOM, our CSR partner, along with guests from the US, visited Disha. They received a warm welcome from the students, who showcased their talents through beautiful music and dance performances, making the event enjoyable for everyone. The guests also distributed school bags as gifts to the students, bringing smiles to their faces. They also praised the work Disha is doing in the field of education and development.

INTERNATIONAL YOGA DAY



International Yoga Day was celebrated at Disha with great enthusiasm. Students and staff participated in a yoga session together, promoting health, well-being, and mindfulness.

RADIO TALK WITH BOXFM

हर बच्चे में अनंत संभावनाएँ हैं, ज़रूरत है उन्हें सही दिशा देने का।

दिशा फाउंडेशन आधुनिक तकनीकों और विशेषज्ञों की टीम के साथ विशेष बच्चों के पुनर्वास को दे रहा है नई पहचान

दिशा फाउंडेशन की हेड ऑफ़ थैरेपीज डॉ. अरुंधति महोरी से आरजे हिमांशु की विशेष बातचीत

डॉ. अरुंधति महोरी को दिशा फाउंडेशन केसल एक सुनने योग्य है। डॉ. अरुंधति महोरी, आधुनिक तकनीकों का उपयोग करके बच्चों को सही दिशा दे रही हैं। डॉ. अरुंधति महोरी, आधुनिक तकनीकों का उपयोग करके बच्चों को सही दिशा दे रही हैं।

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On 26 June, Dr. Arundhati (PT) delivered a radio talk on Box FM, highlighting innovations in pediatric rehabilitation.

BOX FM

EXCLUSIVE INTERVIEW

with **Dr. Arundhati Mahori (PT)**

Physiotherapist
Aquatic Therapist

INNOVATIONS IN PEDIATRIC REHABILITATION

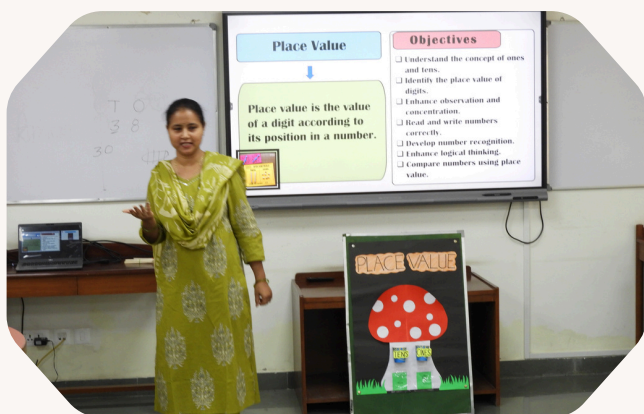
26th JUNE 4:00 PM - 5:00 PM

Tune in for an insightful conversation on therapies, innovation, and empowering young lives.

DOWNLOAD THE BOXFM APP

Google Play
App Store

5-DAY TEACHER TRAINING PROGRAM



From 24 to 29 June, teacher training sessions were conducted at Disha to enhance the knowledge and skills of the teaching staff. The sessions were led by experienced special educators, occupational therapists, speech therapists, psychologists, and physiotherapists. These interactive sessions helped strengthen teachers' professional competencies and improve the quality of support provided to students.

PRESENTATION BY JNU INTERNS



On 30 June, the JNU interns delivered their final presentation, sharing their experiences, key learnings, and progress made while working with the children. The presentation reflected their valuable contributions and the positive impact of their internship at Disha.

INTERNS OF THE MONTH JNU PHYSIOTHERAPY INTERNS



Vinayshree Khangarot



Vedansh Vyas



Ananya Gupta



Kshitij Sharma

ICFAI UNIVERSITY PHYSIOTHERAPY INTERNS



Neha



Bhawana Verma

UPCOMING EVENTS



गुरु
पूर्णिमा

29 July

Article

The Psychological World of Children with Cerebral Palsy

Children with cerebral palsy (CP) who are unable to walk often experience the world differently from their peers. While their physical limitations are visible, their emotional experiences are less apparent. Their mental well-being is influenced not only by their condition but also by how people around them respond to their needs and abilities.



Stress They Carry Every Day

Living with CP can create ongoing stress due to:

- Physical discomfort and fatigue.
- Frequent medical treatments and therapy sessions.
- Difficulty keeping up with peers in school or play.
- Fear of being judged or misunderstood.
- Pressure to prove their abilities despite limitations.

This constant stress can affect confidence, mood, and overall mental well-being.

The Silent Feeling of FOMO (Fear of Missing Out)

Many children with CP experience FOMO when they:

- Watch friends participate in sports or outdoor activities.
- Miss social events because of accessibility or health concerns.
- Feel excluded from games or group activities.
- See others doing things independently that they require assistance for.

Although these moments can be painful, many children learn to find joy in different experiences and celebrate their own achievements.

Strength Hidden Behind Every Smile

Despite the challenges, children with CP often display remarkable resilience.

Their strength is reflected in:

- Persevering through daily therapy and rehabilitation.
- Adapting creatively to overcome obstacles.
- Celebrating small victories with determination.
- Developing patience, empathy, and emotional maturity.
- Inspiring those around them through courage and persistence.

Their resilience reminds us that strength is not measured by physical ability but by the determination to keep moving forward.

How We Can Support Them

Everyone can contribute to a more inclusive and supportive environment by:

- Treating children with respect rather than sympathy.
- Encouraging participation in social and school activities.
- Listening to their thoughts and feelings without assumptions.
- Celebrating their talents, interests, and achievements.
- Promoting accessibility and inclusion in everyday spaces.

We believe every child deserves to be seen beyond their diagnosis. Children with cerebral palsy experience the same need for friendship, belonging, achievement, and independence as any other child. Their emotional struggles are real, but so is their incredible capacity for resilience. When families, educators, and communities offer empathy, encouragement, and opportunities instead of limitations, these children are empowered to build confidence, healthy self-esteem, and emotional well-being. Sometimes, the most meaningful support is not trying to change their journey, but ensuring they never have to walk it feeling alone.

Source: Ms. Nidhi Khurana (Associate Clinical Psychologist)



DISHA FOUNDATION

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Rajasthan



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future of our children**

