



DISHA



DISHA

A Resource Centre for Multiple Disabilities

Incorporated in Disha Foundation

ANNUAL
REPORT
2019-20

B.ED. IN SPECIAL EDUCATION (LEARNING DISABILITY)



First Time in Rajasthan

**JOBS
AVAILABLE**
After qualifying the course



**2 Years
Course**

Special Educator in Special School,
Mainstream school following State,
National or International Curriculum.

Private practitioner, Researcher,
consultant, coordinator in inclusive
education set up and mainstream

Affiliated to University of Rajasthan,
approved by Rehabilitation Council
of India

CONTACT US

+91-141-2393319/+91-141-239690

www.dishafoundation.org

disha@dishafoundation.org

[/dishafoundation.org](https://www.facebook.com/dishafoundation.org)

[/disha_org](https://twitter.com/disha_org)

[/disha_org](https://www.instagram.com/disha_org)



A RESOURCE CENTRE FOR MULTIPLE DISABILITIES

VISION

A society with
equal opportunities
for all.

MISSION

To facilitate empowerment of the Persons with disability, their families and support service. To widen scope of service delivery in the field of rehabilitation. To open opportunities for professionals to pursue specialized higher education in disability. To provide a platform for the Human Resource Development of multi-disciplinary professionals in the field of rehabilitation.

CORE VALUES

Integrity
Transparency
Quality
Reliability
Team Work
Trust



DISHA FOUNDATION

Trustees

Mr. Basant Khaitan-Chairperson
Mrs. P. N. Kavoori
Mr. Purushottam Agarwal
Dr. Sudhir Bhandari
Mr. Madhur Khaitan

Mr. Anand Singhal
Mr. Ashok Agarwal
Ms. Mala Khaitan
Mr. Kailash Kanoria

Governing Council

Padma Shri Dr. Ashok Panagariya
(Chairperson) Sr. Neurologist

Ms. Jayanti Dalmia
(Business & Social Work)

Dr. Priyamvada Singh
(Development Consultant)

Mr. Apurv Kumar
(Business)

Ms. Jayshree Perival
(Educationist)

Mr. Rajeev Arora
(Business & Politician)

Dr. D. R. Mehta
(Retd. IAS & Social worker)

Mrs. Mamta Mansinghka
(Business)

Dr. Govinda Rao
(Disability Expert)

Dr. Mrinal Joshi
(Doctor)

Dr. Sudhir Bhandari
(Sr. Physician)

Mr. Inderjit Khanna
(Retd. IAS)

Mr. Paras Kuhad
(Sr. Advocate)

Mr. Yogi Durlabhji
(Business)

* All members of Executive Committee are invitees of Governing Council

Executive Committee-Member

Mrs. Mala Khaitan (Chairperson)
Mr. Basant Khaitan
Mrs. P. N. Kavoori
Mr. Anand Singhal
Mr. Manish Tailong – Secretary
Mr. Mahendra Khaitan
Mr. Anil Agarwal

Advisor

Mrs. P. N. Kavoori

Executive Director

Ms. Rainu Singh

Dr. Ashok Pangariya

M.D. (Med.), D.M. (Neurology), FRCP (UK), D.Sc. (H.C.)

Professor Emeritus, Neurology

University SMS Medical College, Jaipur



Member National Health Policy, Govt. of India
Member Chief Ministers Advisory Council
Chairman - DISHA - Institute for Specially abled
Member Press Club Jaipur

President - Neuro Care Research Society

- Earlier :
- ♦ Permanent Member Planning Board, State Health Policies
 - ♦ National President, Indian Academy of Neurology
 - ♦ Member Institute Body PGI, Chandigarh
 - ♦ Vice Chancellor, Rajasthan University of Health Sciences
 - ♦ Principal, University SMS Medical College, Jaipur
 - ♦ Awarded Padma Shri (2014)

Message from

PADAM SHRI DR. ASHOK PANGARIYA



As a Chairperson of DISHA, it is my pride and privilege to write a few words in the Annual Newsletter. In 2020, DISHA has 25th Year of growth and development for the mentally challenged. We have come a long way from the beginning to provide the most modern services in this area. Our research team has done a wonderful job. While they must be complimented but also be told to continue to read newer challenges and provide solutions.

All DISHA team intend to celebrate the 25th years but we are passing through difficult Corona times, but we have the strength, emotions and courage to innovate new kind of celebrations keeping in mind the future of DISHA.

My compliments are due for the entire staff, faculty and parents of the students for every inclusive efforts in keeping the spirit of DISHA.

(Dr. Ashok Pangariya)

Awarded Padma Shri (2014)

Message of Trustee

MRS. MALA KHAITAN

As I sit down to write a message for our Silver Jubilee edition of the Annual Report, a legion of wonderful thoughts march through my mind.

A journey that began 25 Years ago is now etched in my soul as the most gratifying experience of my life.

Mrs.Kavoori, an exceptional Lady and myself, came together in December 1994. Within a month and half we set out, hand in hand, on this amazing journey to start a school for special children. Soon our dreams began to manifest in the parents, teachers and us. Under the professional guidance of Mrs. Kavoori and Ms. Kalra, Disha began taking shape.

In 2010, we moved to our own building with the blessings of Rajmata H.H.Gayatri Devi. Mrs.Elsa Peretti, a close friend of Rajmata sahib was extremely generous in donating sufficient funds to make it a glorious disability friendly building with world-class facilities.

DISHA is not just a Campus. Echoing in its environs are the squeals of laughter of our angelic children. Its walls are painted with their dreams while the ceilings reflect down the toil of the teachers and support staff!!

Mrs.Rainu Singh has been a strong pillar of strength in sync with Mrs.Kavoori. My gratitude to our Governing Council Chairman, Padamshree Dr.Ashok Panagariya who initiated and encouraged us in establishing a Research wing. Dr.LalitKishore's research helped DISHA get the coveted CISCO Award.

We will always miss RajmataGayatri Devi , Sh.M.L.Mehtaand Mr..John Singh, whose support and encouragement was unparalleled.

Supporting Disha's countless needs and providing timely guidance, are our esteemed Governing Council members



and our Executive Committee members.

Our vision for starting a Center for Learning Disabilities for providing education as well as building teaching resources will materialize in 2021.

The rock-solid support of my husband, Mr. Basant Khaitan, Chairman, Disha Foundation Trust, and the whole hearted support of my loving children, has encouraged me to give my best and move forward with confidence.

Disha shall continue it's relentless work in the field of providing special care and education to the special child and their parents to live a happy life.

Message of Advisor

MRS. P.N. KAVOORI



Disha has completed 25 years of its existence serving the population of children with special needs. It has been a long journey – glimpses of which I am going to share with you.

Way back in 1994, public awareness about disability and the need for rehabilitating children with special needs were practically non-existent. As a developmental educationist, and the then Principal of Maharaja Sawai Man Singh Vidyalaya (MSMSV), I was struggling to solve the problem of providing education to children with learning disabilities. I finally came to the conclusion, that working full time for this cause would be the answer.

A small group of dedicated and aware citizens came with me to initiate this movement by starting a center for Special Education. Our initial goal was to provide a range of rehabilitation services, under one roof, for children and young adults with special needs, where help, with love and understanding would be given to them.

As a consequence of the big demand of admission for children with various disabilities, I had to rethink and had to change my plan to work only with learning disabled. Finally it was decided to start a Multiple disability Center in Jaipur.

Disha centre for Special Education was started on 3rd March 1995 with an initial strength of 17 children and a bevy of volunteers, in a two bedroom house with a small basement. I took over as Director, Mrs

Deepak Kalra as Principal, Special Educator & Trainer, Mr. Basant Khaitan was Chairman Executive Board, Dr. Ashok Aggarwal as Trustee and Secretary.

Within two years, strength of the students had more than doubled. Space crunch was coming in the way of effective and innovative work.

A feeling of being empowered pervaded the organization.

We got registered with Rehabilitation Council of India (RCI) in year 2000 . We started our first teacher training course -Diploma in Special Education, (CP) in 2002, followed by B Ed in Intellectual Disability (affiliated to University of Rajasthan) in 2008. We are hoping to start B Ed in Learning Disability from the coming session.

To ease the financial burden of running Disha in the year 2001, we had applied for a grant, to the Ministry of Social Justice and Empowerment, New Delhi. Although, the grant does not cover all the expenses of running Disha, we are grateful to the Central Government for giving us the same.

To ease the financial burden, EAST a sister concern of Anokhi in the U.K came in as a large financial donor, freeing, to a large extent.

The foundation stone of our existing state of art building was laid in 2002. My heartfelt thanks to Rajmata Gayatri Devi who connected us to her friend Mrs Elsa Peretti in Italy who gave us funds for this unique building which was completed in record time by July 2004. Our well-equipped Sensory Integration, Aquatic Therapy and Physiotherapy centers were a boon to give relief to our children.

National Trust declared Disha as a State Nodal Agency Centre (SNAC) for the State of Rajasthan for the years 2004-2007.

Times rolled by and Disha made steady progress to become an institute of International repute.

As we go forth to serve this special cause I would like to sign off with an old Irish blessing for all of us.

May the road rise up to meet you.

May the wind always be at your back.

May the sun shine warm upon your face,

And rains fall soft upon your fields.

and may God hold you in the palm of His hand .

From the desk of EXECUTIVE DIRECTOR

As I sit down to write my Message for the very special edition of our Silver Jubilee Annual Report, my heart is filled with both Joy and poignancy.

On the one hand, nothing could be more Joyous than the celebration of our Silver Jubilee year, an occasion that comes rarely in the existence of Institutions. Then there is the distressing pain being caused to all by Covid-19.

As we have to look forward, it seems incredible how these wonderful 12 years of my life have whisked past, giving me invaluable satisfaction serving the very special segment of our society.

There have been highs and lows but the support I have received from our dedicated & unflagging staff members and our sagacious Management, is beyond words.

Even in these difficult economic times our generous sponsors never stepped back.

The list of unprecedented and successful activities organized by DISHA during past 25 years would fill reams.

Having said that, all the above would have been meaningless if we weren't inspired by our Loving Children.

This year warrants a special mention that inspite of the Lockdown our Teachers invented novel ways to impart training to the children via internet.

Let this Silver Year be our motivation to move with double enthusiasm towards the Golden Year.

Let Courage and Cheer be our watchwords in these trying times.

Thanking all,

Yours Truly,

Rainu Singh





DISHA

CELEBRATING



GLIMPSES OF DISHA
1995-2020

Centre for SPECIAL EDUCATION



The Centre for special education at Disha caters to children of a variety of disabilities some of which include cerebral palsy, autism, intellectual disabilities, and learning difficulties.

At Disha, we have a highly trained team of teachers and professionally qualified therapists that oversee each student with special needs individually. These professionals come with years of hands-on experience in the field which enables them to

evaluate the benefits of nurturing individual talent and encourage each student to realize his or her full potential to ensure optimum development of their skills.

The centre for special education was started on 3rd March 1995 with an initial strength of 17 children in a small two-bedroom house. Patience, instilled knowledge with the undying urge to never stop learning helped us grow and achieve our goals of becoming a one of a kind institute in Rajasthan that has



dedicated itself to the rehabilitation of children with disabilities for the last 25 years.

Under CSE, teaching strategies are designed to look at individual student needs. Each student's curriculum is designed looking at an individual's talents, abilities, and preferences. The idea is to transfer as much learning as possible making the curriculum student-centric, unlike the traditional way.

Disha has developed the first of its kind curriculum in Rajasthan for its students with disabilities of 3 to 18 years of age. This curriculum includes core subjects like,

1. Languages, Math, Environmental Studies
2. Co-curricular subjects like stitching and tailoring, machine work, art and craft leading to the vocational skill development of children to ensure an independent and secure future

3. Indoor and outdoor sports activities

4. And, skills to promote and enhance their soft skills, life skills and Activities of Daily Living

At Disha, our focus remains on the overall development of all our children by providing them with quality teaching procedures with individualized lesson plans which are adapted to suit our children's differential learning needs. We encourage the use of adaptive equipment and assistive devices to maintain and improve the functioning and independence of our children, to facilitate participation and to enhance overall well-being with the help of accessible teaching-learning material.

CENTRE FOR THERAPIES 2020



Available services of centre for therapies at DishA

Twenty five years ago, DishA started as a special school. A lot has changed since then. Started in 1995 in a small rented house having four rooms where there was barely any space to conduct therapies for children with special needs. Cerebral Palsy and intellectual impairment were the two most common developmental disorders found in the children. About 50% of the students enrolled in the institute had physical limitations. Almost all children had speech related issues. The space available for physiotherapy was a 10X10 feet open verandah of the house which was covered with straw blinds. Therapy mattresses were placed on the floor, a small table and chair was placed in the corner of the verandah for the therapists to do the documentation work. Two therapists and their two pairs of hands, love and devotion in their hearts and strong zeal to make the center work. It was a great beginning!

- 1 Physiotherapy
- 2 Occupational therapy
- 3 Speech therapy
- 4 Aquatic therapy
- 5 Equine therapy
- 6 Sensory Integration therapy



returned for the amelioration of this sector and hence got associated with 61 Cavalry of Army for making their horses available for Equine Therapy. Our profound gratitude to the Army Unit for providing this support to us which made a remarkable impact in the physical and social development of our children.

In 2010, Ms Emily, an Australian volunteer joined us for a few weeks. Incidentally she was an Aquatic therapist by profession. Construction of our Aquatic pool was in

Gradually as the years passed, Disha moved to a larger space. With the realization that physical exercises were imperative to the children with special needs, physiotherapy unit was given a more spacious area in the garage portion of the house. Children were very happy as now they had enough space to move around with their mobility aids during their training period.

progress with courtesy of Steel Authority of India. Ms Emily got so carried away by the serene and compassionate atmosphere of Disha that she stayed back for almost two years and worked with our children. The customized aquatic pool is the one and only infrastructure in Rajasthan for children with special needs for benefitting their developmental issues.

We still did not have a separate section for speech therapy. The therapist conducted one to one sessions behind the curtains in the corner of one of a classroom or sometimes in the niche of the library. But one, who yearns for, can overcome all the odds. It was delightful to hear children singing, babbling, echoing behind the curtains and communicating through the flash cards within the classrooms.

The State of Art Centre for Therapies of Disha is presently one of its kind in Rajasthan with most advanced technology for therapeutic support to children with special needs.

Step by step, we transmuted from hands-on therapy to basic need equipments like static cycle, parallel bars, crutches, walkers and other mobility aids for our physiotherapy unit which helped our students to achieve faster improvement and functional independence. But still there was a lot of scope for further expansion of the unit with more advanced gadgets and a separate full-fledged department.

Our deepest gratitude to Nando Perreti Foundation that gave us this beautiful new building and the infrastructure in 2004 which is one of its kind in the state of Rajasthan with 100% accessibility and enough space for all our activities. Today the physiotherapy unit of Disha has grown up into a Centre for Therapies where we provide numerous services to children with special needs according to their necessity.

Knowing the evident effect and benefits of Equine Therapy on special children, Disha wanted no stone



Centre for PREVOCATIONAL & VOCATIONAL GROUP



The vocational centre was established on the successful completion of 3 years of Disha. For the older students/ young adults, skill enhancement training was found to be essential to help them stand up on their feet and live a life with minimum dependency on others.

Students at Disha are taught one or more skills like stitching, sewing, cooking, fine arts, office helper skills, machine functioning skills depending upon their aptitude and ability under the vocational training program. Students are given on-job training to help them excel at a given task so that they are ready to take on a real job in the outside world.

At Disha, we strive to maximize the potential of each child by identifying and building on their inherent skills to enable them to lead independent lives as much as possible and become contributing members of society.



Centre for prevocational & Vocational Group



CENTRE FOR HOME MANAGEMENT



Home Management is a program for those children or adults who for some reason are not able to take admission in CSE and hence get themselves enrolled in the Home Management program. They visit Disha at regular intervals to get guidance for differently abled children.

During the year of 2019-2020, a total of 96 cases were registered by Centre for Home Management.

When a child with special needs visits Disha for Home Management Program, the first step is to assess the child's intellectual functioning level by the Clinical psychologist. Then, along with special educators, therapists, vocational and sports trainers design the individual need-based home plan for the special child followed by sessions with his/her family to give psycho education according to child's needs and to develop a meaningful and better learning routine for the child.

Counseling sessions are conducted regularly for the differently abled children. Diagnosis and rating of different disorders like ADHD, ASD, learning disorder, anxiety, depression, psychosis are conducted at different intervals. Group therapy sessions are conducted with the families, teachers and children to be able to construct an individualized educational as well as psychological intervention plan for the child.

To ensure that the families of the special children are aware of the training methods, possible facilities and assisting aids, home visits and follow up sessions are carried out on a regular basis. This program also provides services which helps in minimizing the effect of disability on the child and parents. Every assessment is documented to be aware of the child's functioning at every point. This program not only caters to children in Jaipur but also to the outstation children.

CENTRE FOR HUMAN RESOURCE DEVELOPMENT



The Human Resource Development (HRD) unit of Disha aims to train young professionals in the field of Special Education by helping them to develop skills and competencies which will enable them to cater to the distinctive needs of children with disabilities.

The HRD unit is responsible for conducting two professional courses:

1. B. Ed. in Special Education – A two-year course in Mental Retardation (B. Ed. - MR) affiliated to the University of Rajasthan and recognized by the Rehabilitation Council of India. This program has trained over 350 students since its inception in 2008
2. D. Ed. in Special Education - A two-year diploma course in Mental Retardation (D. Ed. - MR) recognized by the Rehabilitation Council of India. This course was launched in 2014 and trains a batch of 30 trainees each year.

In addition to these courses, the HRD unit also conducts training sessions to equip special educators and trainees to handle children with special needs. These sessions are in the form of:

3. Continuous Education Program (CEP) – This program focuses on training educators and trainees in order to develop skills that would allow them to impart knowledge to children with different types of disabilities
4. Continuous Rehabilitation Education (CRE) – These training sessions are similar to CEP's but are also available for special educators

from outside of Disha; special educators from different districts of Rajasthan can participate in CRE

Disha believes in building capacities of its stakeholders so that children and adults with disabilities are looked after and benefitted. For this, training sessions for parents of special children, volunteers and interns working with Disha are regularly organized and several awareness programs are also conducted at the community at large.

Continuous efforts and urge to grow has contributed to 12 successful years of functioning of our HRD unit. Disha with a mandate of serving the under-resourced through the means of education has proudly taken a step forward by getting the permission to start one of its kind centre for learning disabilities, under which B.Ed. Special Ed in LD will be offered.

SUCCESS STORIES



Prachi

Prachi a very adorable child with Cerebral Palsy is a student of Disha for last 3 years. Being Cerebral Palsy is like an intelligent brain in a disobedient body. She understands everything about her physical limitations and hence is very sensitive about her disability.

She had shown a high desire to stand, walk and be more upright. Keeping this in mind it was decided to take her for the gait training on treadmill with the support of the unweighing support system, a system which helps in unloading the child's weight while she is attempting to walk on the treadmill..

Today, she is made to walk on the treadmill which initiated her walking abilities, which she is liking a lot and hence participating in the physiotherapy sessions with an ever increasing dedication and discipline. We hope that achievements in this task will make her feel good and we all would see her being able to stand , walk and be more upright and be self sufficient.



Dinsha in NEWS





विडला ऑडिटोरियम में स्पेशल बच्चों ने दिखाया मदद करने का जज्बा
एक-दूसरे से नहीं एक साथ आगे बढ़ते हैं हम

नर्वास कार्यक्रम में 168 लोग हुए लाभान्वित
आ और सरकारी उपकरण वीएचईएल (भेला) के उपयोग से घटाए जा रहे हैं कुर्वासी कार्यक्रम

A step in the right DISH
विश्वविद्यालयी और प्रौद्योगिकी इंजीनियरिंग के लिए विद्यार्थियों को स्पेशल बच्चों के लिए 'सक्षम' की therapy

एथेंस ओलंपियाड में गोल्ड
दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन

दिसा के एथलीट्स ने अमेरिका में फहराया तिरंगा
लॉस एंजेलिस, अमेरिका में हुए स्पेशल ओलंपिक, वर्ल्ड गेम्स-2015 में पदक जीतकर आए विशेष बच्चों के एथलीट्स अनुपम राठी (रोलर स्केटिंग) और सन्तोष कुमार (बैडमिंटन) तथा कोच केसर अग्रवाल (बैडमिंटन) का समूह आयोजित हुआ। कोच अनुपम ने रोलर स्केटिंग में 500 मीटर में

वर्ल्ड डिसेबिलिटी-डे पर शहर में हुए विभिन्न कार्यक्रम
माया बच्चों का सूफियाना
मैट्रो रिपोर्टर
विश्व बच्चों के लिए कार्यक्रम सूफिया और से डिफरेंस अउट दिव्स से लगभग अर्धशताब्दी पूर्व जब यह विशेष कार्यक्रम 'सूफिया' का बुधवार को आयोजित हुआ। इस अवसर पर कार्यक्रम में दिसा के विभिन्न क्वार्टरों के विद्यार्थियों को प्रशिक्षण के माध्यम से सूफिया अंदोलन

Students dance to the beats of drums to welcome their heroes
दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन

दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन
दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन

दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन
दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन

दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन
दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन

दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन
दिसा में थैपी सेंटर 'सक्षम' का राजदीप सरदेसाई ने किया उद्घाटन

अपंगता के अंधारे में साहस की दिश
जब गायत्री देवी ने कहा चुप क्यों खड़ी हो...

जब गायत्री देवी ने कहा चुप क्यों खड़ी हो...
जब गायत्री देवी ने कहा चुप क्यों खड़ी हो...

सिग्नेचर कैंपेन के जरिए बचाव की 'संवेदना'
दिसा संस्थान में बुद्ध विद्यालय के बच्चों का 'संवेदना' कैंपेन का आयोजन

डॉ. ललित किशोर को कॉमनवेलथ सिटी रिपोर्टर
जयपुर के 'दिसा' फाउंडेशन के रिसेसर्च किशोर कॉमनवेलथ अवार्ड के लिए चुने गए हैं। उन्हें पॉइंट बच्चों के लिए साइंस इंस्ट्रक्शन बेस्ड इन्फोरेटिव प्रोजेक्ट सम्मानित किया जाएगा। ये सम्मान उन्हें कॉमनवेलथ ऑफ साइंस, टेक्नोलॉजी एंड मैथमेटिक्स एजुकेशन की ओर 2019 के लिए दिया जाएगा।

डॉ. ललित किशोर को कॉमनवेलथ सिटी रिपोर्टर
जयपुर के 'दिसा' फाउंडेशन के रिसेसर्च किशोर कॉमनवेलथ अवार्ड के लिए चुने गए हैं। उन्हें पॉइंट बच्चों के लिए साइंस इंस्ट्रक्शन बेस्ड इन्फोरेटिव प्रोजेक्ट सम्मानित किया जाएगा। ये सम्मान उन्हें कॉमनवेलथ ऑफ साइंस, टेक्नोलॉजी एंड मैथमेटिक्स एजुकेशन की ओर 2019 के लिए दिया जाएगा।

NATIONAL CONFERENCE



Two days National Conference was organized by Disha in collaboration with Rehabilitation Council of India, New Delhi at IIM, Mansarovar, Jaipur on 20th to 21st December 2019. The topic was “Education & Care of Children with Special Needs: Paradigm Shift in Policies and Perspectives”

Eminent guests Dr. Sudhir Bhandari (Principal & Senior Professor of Medicine, SMS Medical Collage & Hospital, Jaipur), Prof. Rajani Ranjan Singh (Professor and Head, Department of Education, Dr. Shakuntala Misra National Rehabilitation University, Lucknow, UP), Prof. Vijay Veer Singh (Dean faculty of Social Sciences, University of Rajasthan, Jaipur), Dr. Shiv Gautam (Director & Psychiatrist, Gautam Hospital & Research



NATIONAL CONFERENCE



Center, Jaipur), Dr. Akhilesh Kumar (Assistant Professor, School of Education, VMOU, Kota & ZCC Member Western Zone-I), Prof. S. S. Nathawat (Professor & Director, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur), Ms. Rainu Singh (Organizing Chairperson & Executive Director, Disha, Jaipur), Ms. P. N. Kavoori (Patron & Founder Director, Disha, Jaipur), Mr. Basant Khaitan (Chairperson, DISHA Foundation, Jaipur) was present at the Inaugural function.

The conference was made memorable by presentations by Dr. Shiv Gautam, Director and Psychiatrist, Gautam Hospital & Research Center, Jaipur, Prof. (Dr.) Rajani Ranjan Singh (Professor and Head, Department of Education, Dr. Anil Kumar Jain (Director, School of Education, Vardhman Mahaveer Open University, Kota, Rajasthan, Dr. Akhilesh

Kumar (Assistant Professor, School of Education, Vardhman Mahaveer Open University, Kota, Rajasthan), Dr. Lalit Kishor (Senior Researcher, Disha – A Resource Centre for Multiple Disabilities, Jaipur), Dr. K. L. Gupta, Regional Director, NIOS Regional Centre, Jaipur, Mr. Sandip Kumar, Deputy Director, Department of Social Justice and Empowerment, Jaipur.

The overall conduct of the conference gave us enriching experience in organising of such conferences on such a large scale. The conference also gave us valuable inputs professionally. Listening to so many learned persons who are doing yeomans work in their respective fields was indeed an eye opener as well as a source of great inspiration and motivation for all of us at DISHA.

UNTIRING HANDS

A SUCCESSFUL
TEAM IS A
GROUP OF
MANY HANDS
AND ONE MIND



OUR PARTNERS IN DEVELOPMENT



Networking

- ◆ AIESEC
- ◆ Approach Autism
- ◆ Bal Bhawan, Jaipur
- ◆ BITS, Pilani
- ◆ Boston University, USA
- ◆ Credibility Alliance
- ◆ First India News, Rajasthan
- ◆ FORHEX, Jaipur
- ◆ Give India
- ◆ Hotel Clarks Amer, Jaipur
- ◆ IGNOU
- ◆ Jaipur Hospital College of Physiotherapy, Jaipur
- ◆ Jaipur Physiotherapy & Occupational Therapy College
- ◆ JECRC University
- ◆ National Trust, New Delhi
- ◆ National Institute of Mentally Handicapped
- ◆ RATAN Textiles, Jaipur
- ◆ Rehabilitation Council of India, New Delhi
- ◆ Rotary Club Jaipur Midtown
- ◆ Social Justice & Empowerment, Jaipur
- ◆ Social Justice & Empowerment, GOI, New Delhi
- ◆ Special Olympics Bharat, Delhi
- ◆ Special Olympics Bharat, Rajasthan
- ◆ TATA CSR Hub
- ◆ World Wide Adventures

Major Donors

- ◆ Black Rose industries Ltd.
- ◆ Dynamic Cables Ltd.
- ◆ Jatin Haryani
- ◆ State Bank Of India
- ◆ Jai shree and vikas Kapoor
- ◆ Seth Madan alal Palriwala Foundation
- ◆ Mayur Uniquators limited
- ◆ Cheer Saagar
- ◆ Mamta Virendra Mansingka
- ◆ Murlidhar Prahaladrai Charity Trust
- ◆ Safari Industrial (India) Limited
- ◆ Pandrol Rahee Technologies Pvt. Ltd.
- ◆ Konvertor Packing Solitions Pvt. Ltd.
- ◆ Tweaking Technologies Pvt Ltd
- ◆ The Phone Support Pvt. Ltd.
- ◆ Ganesh Narayan Kandori Charitable Trust
- ◆ AKSR Corporate Advisor Pvt Ltd.
- ◆ Gems Trading Centre
- ◆ Amit Kotawala
- ◆ Seth Madan alal Palriwala Foundation
- ◆ Tab India Granites Private Limited
- ◆ Jatin Gems
- ◆ Tularam Ratanlal Goenka Trust
- ◆ Nathmall Jankilal Khaitan Charitable Trust
- ◆ Mahabir prasad Jatia Charitable Trust

EVENTS & CELEBRATIONS



GUESTS/VISITORS

- ◆ Students of B.Ed 2nd Year from Suresh Gyan vihar University, Jaipur
- ◆ Students from Shanti Asiatic School Jaipur
- ◆ Students from Gurukul Spastic Society, Jaipur
- ◆ Ms Christina Olson Executive Director for Global Engagement at The College of New Jersey and Dr. Ms Brenda Seals from The college of New Jersey visited Disha to explore the feasibility of establishing a partnership between The College of New Jersey and the Disha Foundation.
- ◆ Students from Jaipuria Vidyalaya, Jaipur
- ◆ Students from Sophia School Jaipur
- ◆ Mr. Daniel a designer / content writer & Videographer from California, USA.
- ◆ Mr Amit Gupta from NMIMS (Narsi Munji Institute of Management Studies , Mumbai)
- ◆ Students from Modern Education Society Teacher Training College
- ◆ Students from Stani Memorial College, Jaipur
- ◆ Mr J P Walder, trustee of Seth Madanlal Palriwala Foundation
- ◆ Ms Palma Leon from Spain and Ms Finnian Broka from USA
- ◆ Ms Louis, Ms Sandi, Ms Camella & Ms Ann from USA
- ◆ Second year MBBS Students from Jaipur National University, Jaipur
- ◆ Students from SV Public school, Jaipur
- ◆ Ms Gry Merte Tangen Berg, Aeronautical Engineer from Norway.
- ◆ Marta Kaniewska from Poland and Losub Andrea from Romania.
- ◆ Ms Johana Nonte, the speech therapy student from Germany.
- ◆ Ms Anjali Bhatnagar, Zonal Manager ,Bank of India, Jaipur
- ◆ Students from PG Deptt of Social Work, MAR Gregorios College of Arts & Science , University of Madras.
- ◆ Members of "WE" club, Jaipur
- ◆ RCI Inspection team, Dr. Yadav & Dr. Joshi carried out inspection of Disha in connection with Disha's application for starting B.Ed(LD).
- ◆ Shri Subodh Inamdar, Dy. Regional Manager,

EVENTS & CELEBRATIONS



BOB , Jaipur Region along with Sh Amit Mishra CM(RBDM), and CM, Mansarovar Branch.

- ◆ Katie, Hannah, Grace & Emma Occupational Therapy students from Boston University.

TRAININGS/WORKSHOPS

- ◆ Attended a meeting on Accessible Elections at Maharani School.
- ◆ Organized a four day workshop on Pranic Healing was conducted to train the participating staff members on Pranayam and Pranic Healing.
- ◆ Organised four Continuing Education programme (CEP) of the year 2019-20 on "Alternative Augmentative Communication Board", Assessment: Strategies & Practices
- ◆ Organized sessions sessions for children on self-defense. It was conducted by Ms ◆ Meghana Mehta, Black belt in Martial Arts from AMITY University.
- ◆ Organized a seminar on "Epilepsy". The resource person was Dr. Sharad Sharma , Additional Director, Peadtriatric Neurology , Fortis Hospital , Jaipur
- ◆ Participated in a 5 days training camp on

photography organized by Department of Social Justice & Empowerment at TOSS (The Open Space Society).

- ◆ Participated in National Floorball Championship (for girls with special needs) under Special Olympics Bharat held at Haridwar.
- ◆ Participated in National Coaching Camp & Advance Coaches camp was held at Raisan University, Gandhi Nagar Gujarat.
- ◆ Organized a special session by our Clinical Psychologist Dr.Savita Jagawat on "Suicidal Tendencies: Symptoms, Detection & Control" for Disha staff and students.
- ◆ Attended a meeting on 'Sexual Harassment' at RPA, Jaipur.
- ◆ Organised Continuing Rehabilitation programme (CRE) on Preparation of TLM – Charts, Flash Cards, and Worksheets.
- ◆ Participated in All India Coordination Meet at Delhi
- ◆ Organized a capacity building workshop for the Disha teachers.

EVENTS & CELEBRATIONS



EVENTS & CELEBRATIONS

- ◆ Organized a 'Must Vote' Rally under the aegis of State Election Commission on 5th May 19
- ◆ Participated in Wafa organized an International flower Show at Hotel Diggi Palace.
- ◆ Participation in Cultural Programme "Sanskar" organized by Indian Circle of Moms at Hotel 'The Park Classic.'
- ◆ Participated in a Baal Mela organized by Jain social group Central Sanathan Jaipur at Subodh Public school, Jaipur.
- ◆ Participation in Annual Day Celebration of Jaipuria Vidyalyaya.
- ◆ Participation of ED in Annual Day of Children's Academy School
- ◆ Participated in oration on "Understanding Mahatma Gandhi" on 150th birth anniversary of Mahatma Gandhi & Babu Brijpal Das Ji (founder of Clarks Amer) organized by Hotel Clarks Amer.
- ◆ Participated in BalMela at Army Polo Ground
- ◆ Participated in The History Festival organized at City Palace , Jaipur by MSMS-2, Museum Trust.
- ◆ Invited by Airtoast café, Jaipur for lunch.
- ◆ Participated in a Bal Mela organized by Banasthali Vidyapeeth in Niwai
- ◆ Invited by Airrtoast Restaurant, Jaipur Owned by the Hotel Clarks Amer Family for lunch.
- ◆ Participated in 'Junoon 2019' organized by NSS of BITS Pilani
- ◆ Participated in painting competition – ICCW
- ◆ Organized a Wheel Chair Rally for Voting Awareness at Disha.
- ◆ Participated in 'Jaipur by Night' an annual feature organized at City Palace by CII.
- ◆ Participated in FORHEX exhibition organized at Birla Auditorium, Jaipur.
- ◆ Participated in "Para sports meet" in the remembrance of Hockey Legend Dhyhan Chand at ICG college, Jaipur
- ◆ Participated in State Level Football Team Selection Camp organized at Neerja Modi Sports Ground.
- ◆ Participated in "Bapu Ki Gode Mein Teen Din" at Bal Bhawan on the occasion of 150th Birthday Celebrations of Mahatma Gandhi.
- ◆ Participated in Mati Utsav at Bal Bhawan
- ◆ Disability Week celebrations
- ◆ Participated in World Autism Awareness Day
- ◆ Celebrating World Health Organization Day
- ◆ Diwali Celebration
- ◆ Republic Day celebration
- ◆ Lohri & Makar Sakranti Celebration
- ◆ Basant Panchami celebration
- ◆ Holi celebration
- ◆ Women's Day Celebration
- ◆ Poetry Reading Day
- ◆ Gandhi Jayanti celebration
- ◆ Children's Day celebration
- ◆ Christmas celebration
- ◆ Teacher's Day Celebration
- ◆ Rakshabandhan Celebration
- ◆ Dusshera Celebration
- ◆ Independence Day Celebration
- ◆ Janmasthanmi Celebration

VISITORS BOOK



Dear Disha Team,

It is an enlightening experience to come to visit you every year admiring the continuous hard work you do for Disha's cause. Through your passionate efforts, your professional attitude and your love you encircle the children's lives and show them the path into their future. You can be proud of yourselves.

Jean Pierre Walder
Trustee -Palriwala India foundation.
23.11.2019

So impressed by the compassion that guides every step, especially the first step in the walk of life. Thank you for celebration of what is so special in our selves...that we are all the same in our struggles to be. Accepted and appreciated in life.

Ms Christina Olson
Executive Director for Global Engagement at The
College of New Jersey and Dr. Ms Brenda Seals
from The college of New Jersey
13.01.2020

It was an awesome experience to visit such a beautiful school "Disha" which actually shows a direction to each and every person in life. Such an amazing experience with lovely students.

Major Aashardeep Sohal
Seva Medal
25.01.2020

It was wonderful feeling coming to "Disha" foundation. Excellent Interaction with Disha family, I was humbled by their hospitality. I wish "Disha", the very best and would like to be associated with them in future.

Dr Sharad Sharma
Pediatric Neurologist
18.01.2020

Really a wonderful place where special children are being trained to become a future citizen of the country.
Great Job!!

Nehal Jain
Times of India

GOVERNANCE

Trustee Name	Position	Meeting attended
Mr. Basantt Khaitan	Trustee Chairperson	2/2
Mr. Anand Singhal	Trustee	2/2
Dr. Ashok Agarwal	Trustee	1/2
Mrs. Mala Khaitan	Trustee	2/2
Mrs. P. N. Kavoori	Trustee	2/2
Mr. Purushottam Agarwal	Trustee	2/2
Mr. Kailash Kanoria	Trustee	2/2
Mr. Madhur Khaitan	Trustee	2/2
Dr. Sudhir Bhandari	Trustee	2/2

- ◆ Except three, none of the Trustees are related by blood or marriage.
- ◆ During the period two trustee meetings were held. In annual meeting dated 24/07/2020 trustees participated. The annual accounts for F.Y. 19-20 and budget for FY 20-21 and appointment of auditors was approved.

Transparency Disclosures

- ◆ Disha Foundation is a Registered Trust.
- ◆ For Disha, 2 Governing Board and 3 Executive Committee meetings were held in F.Y. 19-20.
- ◆ Bankers are State Bank of India, Shyam Nagar Branch, Jaipur 302019
- ◆ Auditors are Jain Shrimal & Company, 62, Gangwal Park, M. D. Road, Jaipur 302004. Disha follows the audit related process whereby the statutory auditors are appointed in annual meeting and their remuneration is also fixed. The Auditor report & financial statements are passed in the annual meeting.
- ◆ Disha Foundation complies regularly with statutory requirements of Income Tax Act and Foreign Contributor (Regulation) Act.
 - ◆ Income Tax Registration, under section 12A: Income Tax Officer Jaipur अ.आ./ वसूली/ धारा 12 अ (अ) / 116/95-96/789 dt. 31-07-1996. PAN : AAATD2135P. TAN : JPRD02565D. All contribution to Disha Foundation is exempt under section 80G of the Income Tax Act vide certificate Nr.: अ.आ.1/ अ. (तक. व.न्या) / 80 जी / जय / 2008-09 / 675 dt. 25-07-2008.
 - ◆ FCRA registration No. : 125560101 Credibility Alliance Registration No. : CA/22/2016.
- ◆ No remuneration, sitting fees or any compensation was paid to any trustees except to the Advisor – Disha @ Rs. 50,000/- per month. No travel reimbursement has been made to any trustees for attending meetings. Total cost of international travel by all personnel and board members during the year is nil. Total cost of national travel by all personnel during the year is Rs. 18,093/-. Remuneration of the highest paid staff members are Rs. 1,07,650/-. Highest paid person is Operational Head – Ms. Rainu Singh. Remuneration of the lowest paid staff members is Rs. 6,100/- per month.

Staff according to salary levels as on 31/03/2019

Slab of gross salary plus benefits (Rs per month)	Male (Nos)	Female (Nos)	Total (Nos)
<5000	0	0	0
5,000 - 10,000	5	9	14
10,000 - 25,000	12	22	34
25,000 - 50,000	5	3	8
50,000 - 1,00,000	0	1	1
1,00,000 >	0	1	1
Total	22	36	58

FINANCIALS



Balance Sheet

As on 31 March 2020

PARTICULARS	31.03.19	31.03.20
Assets		
Fixed Assets	172.05	167.69
Investment	390.82	416.10
Cash and Bank Balances	22.43	62.61
Other Current Assets	25.14	41.02
Income & Expenditure A/c Balance	-	-
Total	610.44	687.42
Liabilities		
Corpus Fund	135.01	145.32
General Fund	343.39	344.93
Capital Assets Fund	57.50	102.57
Current Liabilities & Provisions	42.54	41.75
Income & Expenditure A/c Balance	31.05	52.85
Total	610.44	687.42

INCOME & EXPENDITURE

For the year Ended on 31 March 2020

Income	31.03.19	31.03.20
Internal Sources	86.23	97.23
Donations from Indian Sources	28.35	32.16
Grants from Indian Sources	7.75	22.08
Donations from International Sources	4.81	8.05
Other Income	33.42	38.38
Deficit/Surplus	(1.80)	(21.79)
Total	158.76	176.11
Expenditure		
Programme	116.41	129.33
Management and Administration	28.96	34.64
Other Expenses	13.39	12.14
Total	158.76	176.11

FINANCIALS



RECEIPTS & PAYMENTS ACCOUNT

For the Year Ended on 31 March 2020

Receipts	31.03.19	31.03.20
Opening Balance	11.91	22.43
Internal Sources	96.75	84.18
Donations from Indian Sources	33.67	38.47
Grants from Indian Sources	7.75	22.08
Donation from International Sources	4.81	8.05
Other Receipts	55.86	156.28
Total	210.75	331.49

Payments	31.03.19	31.03.20
Capital Items/Assets Purchased	2.33	33.51
Purchase of Investments	46.00	45.00
Loan and Advances	7.94	28.24
Other Payments	132.05	162.13
Closing Balance	22.43	62.61
Total	210.75	331.49

RESEARCH AND DEVELOPMENT



In the third year (2019-20) of the Research and Development Unit at Disha, the work was done on theme-wise consolidation of the research work done in the the first two years and creating a research resource for referencing the future. Two volumes were produced by the researcher Dr Alka Awasthi under the guidance of Senior Research Fellow Dr Lalit Kishore, namely, (a) Citations with references; and (b) Analogy of research abstracts of the intervention designs and special education toolkit of gestures. However, Dr. Awasthi left the institution in the last quarter of 2019 owing to family obligations.

The project entered the critical phase of applied research towards individualized education programme and diagnostic lesson studies to create curricular material and literature for children with special needs for transition of research to individualized learning. For this work, the part-time valuable assistance was provided by Mrs. Vibhanshu Gaur and Ms. Neha Saini.

The lesson studies done with dysgraphic children in science instruction were compiled as a research report that received the Commonwealth Award for which Dr. Kishore was felicitated by the school management. The report is available in the school library as research document was displayed during the EC Meeting along with curricular material developed by the R&D Unit.

On the basis of the evaluation studies of the Mother and Child Training Programme, the structure of sessions and activities of the training were reorganized with the assistance of Mrs. Vibhanshu Gaur resulting in its enhanced

effectiveness.

The year under review was marked by evidence based activities with the early intervention group resulting into a set of fine-motor coordination activities and attentiveness training through a source book with 100 odd activity sheets prepared at the unit with try-outs by Mrs. Vibhanshu Gaur.

The research in the area of proxemics and ergonomics was also initiated that resulted in the design of learning station, wedge-shaped cushions, slant reading board, game-boards, card games, stick puppets, language big books, children's mini-books, cut-paste craft book were produced and clinical trials done for their standardization in which the assistance came forth from

Four action research papers were produced by the special educators for presentation during the National Conference organized by Disha and the research abstracts received by the delegated were edited the research unit.

The search project transformed the work culture and school functionaries became reflective on their work to improve their practice for the benefit of children. Triangulated focus groups were formed with Assistant Coordinator as a group member for individualization as well as for adapting and creating intervention based on the diagnosis of children. The instructional approach was crystallized and called 'Diagnostic-Prognostic Micro-Learning Based Continuous Progress Approach' and was owned up the special educators and management since was a home-grown approach.

FUTURE PLAN EXTENSION OF BUILDING



SILVER JUBILEE CELEBRATION



SILVER JUBILEE CELEBRATION



RECOGNITION/ AFFILIATION/ ACCREDITATION

- State Welfare Department, Govt. of Rajasthan
(Education and Rehabilitation of Mentally, Physically and Neurologically challenged and young adults)
- State Award for outstanding work in field of Rehabilitation, Rajasthan
- Rehabilitation Council of India
(HRD/Teachers Training Program)
- National Institute of Open Schooling
(Education for Person with Disability)
- Recognized by the National Trust, Govt. of India
- University of Rajasthan
(B.Ed. in Special Education - Mental Retardation)
- Accredited by Credibility Alliance "Desirable Norms"
- Partner with Give India
- Empanelled with TATA CSR Hub
- Registered under FCRA
- Validated by CAF India



Nirman Nagar-C, Jaipur - 302019, Rajasthan, India.

Ph. : +91-141-2393319, Fax : +91-141-2391690

E-mail : disha@dishafoundation.org, Website : www.dishafoundation.org

<http://vimeo.com/37661270>